

# Enhanced Transitions of Care

SUPPORTING YOU AND YOUR PATIENTS DURING CARE TRANSITIONS

A hospital stay or emergency room visit is only the first step in a patient's recovery. The days and weeks that follow are critical — without the right support, patients are at higher risk of complications or unnecessary readmission. **Honest Health's Enhanced Transitions of Care program** works alongside your practice to provide outreach and planning that help patients recover safely at home and stay connected to their care team.

## How it Works

Our care team contacts eligible patients soon after discharge to review medications, monitor symptoms, and prepare for follow-up visits. We collaborate with you to identify high-risk patients and address barriers early so recovery stays on track.

## Benefits of the Program

- **Early outreach:** Timely follow-up reduces complications, ED visits, and costly and preventable readmissions.
- **Clear guidance:** Patients receive instructions and education that improve adherence and support long-term outcomes.
- **Connected care:** Updates are shared with your practice so the entire care team stays aligned.
- **Proactive support:** Issues are identified and addressed early, keeping patients stable and reducing avoidable hospital use.
- **Continuity of care:** Consistent follow-up ensures smoother transitions and strengthens practice-patient relationships.

## Getting Started with Transitional Care

Our team may reach out to eligible patients by phone, text, or email to begin services. We encourage you to introduce this program to your patients and reassure them it is delivered in partnership with your care.

The logo for Honest Health, featuring the word "Honest" in a white sans-serif font, a white heart icon, and the word "Health" in a white sans-serif font, all set against a dark teal background with a repeating pattern of lighter teal hearts.

Honest  Health

WE VALUE THE OPPORTUNITY TO WORK ALONGSIDE YOU IN SUPPORTING YOUR PATIENTS THROUGH EVERY TRANSITION.