





# Extra support when you need it most

CARING FOR YOU WITH YOUR DOCTOR

Sometimes you need help with your health between doctor visits. That's why your doctor has partnered with **Honest Health** to give you extra support. This service helps you stay on track, manage your health and wellbeing, and stop problems before they start.

## How Honest Health helps you

-  **Regular check-ins:** We'll call to see how you're feeling and answer your questions.
-  **Fewer hospital visits:** Consistent assistance can lower your chance of needing to go to the ER.
-  **One-on-one support:** We'll go over your medicines and care plan so it's easier to follow.
-  **Work with your doctor:** We keep your doctor updated so your care team can work together.

## Getting Started is Easy

You will get a call, text, or email from Honest Health to explain the service and answer your questions. We encourage you to speak to your doctor about this service and how we work together.



We value the trust you place in us delivering your care.