

Consent to Receive Text Messages

Last Updated December 5, 2025

Your health care provider has requested your enrollment in Honest Health's platform to assist you with navigating your care. The platform includes a variety of tools, such as a virtual care team assistant, remote monitoring, appointment reminders, and educational information about your condition. Your health care provider will use the platform to send you communications via SMS text messages to your phone.

Text messages are not always encrypted throughout their transmission. Accordingly, there is some risk that the texts from your care team to you, or from you to your care team, can be intercepted in transit and read by an unauthorized person. Additionally, the text messages from your health care provider may be available to anyone who has access to your phone, such as if they see a notification pop-up on your phone's home screen. These texts may identify that you have a particular health condition.

By responding "Y" or "Yes" to your enrollment text message, you are indicating that you would like to be enrolled in texts from your health care provider and that you understand that there is a risk that your text messages could be read by unauthorized persons. If you choose not to receive texts, your health care provider will continue to treat you but you will not receive the benefits of texts that assist you in navigating your care.

By responding "Y" or "Yes," you agree that your health care provider may send you recurring automated texts at the mobile number you provided for purposes of your care management. You do not need to consent to receive these texts as a condition of receiving care from your health care provider. Message and data rates may apply. Text STOP to cancel; HELP for help.

By responding "Y" or "Yes," you also are confirming that you are 18 years or older and are legally able to enter into agreements on your own behalf.

In some cases, you may be receiving and sending texts on behalf of another person, such as a child, parent, or partner, who is the patient of a health care provider. By responding "Y" or "Yes," you are confirming that you have the legal right or authority or have obtained all necessary consents and authorizations to communicate on behalf of such other person with their health care provider and interact with Honest's platform on their behalf.

If you have questions about how your information may be used or shared, please see your health care provider's notice of privacy practices.